

Below please find a list of websites, articles, research, books and video links for you exploration and learning. Enjoy!

Waldorf Information

Website: [Alliance for Public Waldorf Education](#)

Website: [Association of Waldorf Schools of North America](#)

Website: [Waldorf Answers](#)

Book: [Understanding Waldorf Education: Teaching from the Inside Out](#) by Jack Petrash

Book: [Waldorf Education: A Family Guide](#), a lively selection of many articles on curriculum, festivals, parenting and much more by Pamela Johnson Fenner and Karen Rivers

Book: [School As a Journey: The Eight-Year Odyssey of a Waldorf Teacher and His Class](#), an experienced Waldorf class teacher describes his experience taking a class from Grade One to Grade Eight by Torin Finser

Early Childhood

Book: [You Are Your Child's First Teacher: Encouraging Your Child's Natural Development from Birth to Age Six](#), a wonderful introduction to the principles of Waldorf education as they apply to early childhood development by Rahima Baldwin

Free eBook: [Developing Child: The First Seven Years](#), included are articles about "Stages of Development in the first Seven Years"; "Birth, Infancy and the First Years of Life"; "The Development of Consciousness: Imitation, Play and Learning"; "Readiness for Kindergarten and School"

Free eBook: [Adventures in Parenting: A Support Guide for Parents](#), an insightful book on parenting the young child. Included are easy to understand chapters on the four temperaments, healing the past, learning to observe your child, recognizing and meeting the needs of children, setting boundaries, parenting by temperament by Rachel C. Ross

The 9-year Change

Article: [Parenting the Nine Year Old](#)

Adolescence

Book: [Between Form and Freedom](#), In this excellent book, Betty Staley has given us a compassionate, intelligent and intuitive look into the minds of adolescents

Book: [Adolescence: The Sacred Passage: Inspired by the Legend of Parzival](#), Betty Staley pierces through the discord and tumult of adolescence to see what is truly there: the birth pangs of the human spirit

Play

Article: [The Importance of Being Little: What preschoolers really need from grown-ups](#)

Reading

Video: [Torin Finser, PhD and John Bloom discuss why Waldorf education waits to teach literacy until children are developmentally ready.](#)

News Article: [In this first grade, knitting and stories are the focus, not phonics](#)

Research: [How to Raise a Voracious Reader](#)

Technology & Media

Free eBook: [Childhood Under Threat](#)

Free eBook: [Children of Cyclops, The - The Influence of Television Viewing On the Developing Human Brain](#), Educators and parents must consider a serious question; Does the experience of watching television negatively affect the cognitive development of a growing child?

Sports & Movement

Book: [Beyond Winning -Smart Parenting In A Toxic Sports Environment](#) offers an alternative approach to teaching sports to kids, emphasizing training techniques and coaching strategies aimed at improving core strength, balance, and creativity in aspiring athletes, using an age-appropriate four-stage timeline, based on a child's physical, psychological, and neurological development.

Book: [No Contest – The Case Against Competition](#) by Alfie Kohn "Contrary to myths with which we have been raised, Kohn shows that competition is not an inevitable part of human nature. It does not motivate us to do our best (in fact, our workplaces and schools are in trouble *because* they value competitiveness instead of excellence). Rather than building character, competition sabotages self-esteem and ruins relationships. It even warps recreation by turning the playing field into a battlefield."